



Michigan Chapter, American Academy of Pediatrics 2010 Healthy Weight Fact Sheet

A statewide problem in Michigan

- 1 in 4 adolescents is overweight or obese
- 70-80% of obese children become obese adults
- Low income and minority populations are disproportionately affected
- Obesity affects children physically, mentally, and socially
- Obesity is associated with economic consequences
 - 25% of U.S. health care costs are related to obesity and physical inactivity (Anderson, et al 2005)
 - Between 1979 -1999, obesity associated hospital costs for children tripled from \$35- \$127 million (Wang and Dietz, 2002)
 - Physical inactivity costs \$128 per person (Garrett, 2004)
 - Adult Obesity costs \$2.9 billion in Michigan (BRFS 2005)
 - Each obese adult costs the healthcare system \$1,429 (Finklestein et al, 2009)
 - Obesity costs the US healthcare system an extra \$147 billion per year (CDC, *MMWR Recommendations*, 2009)

Background

The MIAAP Healthy Weight committee is dedicated to help all pediatric providers to improve their assessment, treatment and overall prevention of childhood overweight and obesity. The committee provides information to MIAAP members about the problem in Michigan, opportunities for continuing education, and is a forum for policy advocacy at the state level. Members of this committee actively participate in state coalitions to prevent and reduce childhood obesity, including Healthy Kids, Healthy Michigan. Our goal is to provider office-based expertise for all pediatric providers to learn from, including what is unique or specific for Michigan physicians such as local resources, state specific reimbursement information, and Michigan legislative opportunities and updates.

MIAAP's Position

The MIAAP supports the American Academy of Pediatric (AAP) National Policy statement about obesity: The American Academy of Pediatrics is dedicated to the prevention of childhood overweight and obesity. The AAP has created a website to bring awareness to the serious health problem of childhood overweight and obesity; empower pediatricians and families to take action in their homes, offices and communities to prevent childhood obesity; and to support pediatricians, families and community advocates in improving the health status of those children who are already overweight and obese. (www.aap.org/obesity/index.html)

Action: What can members do?

- Education- Regional training, annual obesity summit, webinars
- Advocacy- The MIAAP is partnering with the Healthy Kids Healthy Michigan Coalition on a series of policy issues including
- SB 0282-2007: Physical education requirement of 30 minutes 2 days per week for grades K-5 (www.michiganlegislature.org)
- SB 05058-2007: Physical education requirement of 45 minutes per school day and 225 minutes of health education each week. (www.michiganlegislature.org)

Resources for childhood obesity management

- BMI surveillance proposal for MCIR
- Medicaid Coverage of childhood obesity — see Medicaid coding letter from Michigan Department of Community Health (http://www.michigan.gov/documents/mdch/L-09-15-Obesity_Outreach_285374_7.pdf)
- Michigan Quality Improvement Consortium Guideline on Treatment of Childhood Overweight and Obesity June 2008 (www.mqic.org)

Join the committee! Please contact the MIAAP Office at 517.484.3013, or email at info@miaap.org!