

MIAAP Healthy Weight Committee

December 2, 2009

Via phone

Attendance:

Dr. Meg McKeough- HFHS

Dr. Meha Arivoli- Coldwater, Branch County

Dr. Tom Peterson- Devos

Dr. Ann Mortensen- CHM

Dr. Stacey Leatherwood- HFHS

Dr. Mona Jain- MSU

Dr. Susan Woolford- UM

Michele Strasz, staff, [Michele.strasz@miaap.org](mailto:Michele.strasz@miaap.org)

- I. **Head Start partnership:** Feb. 6, 2010, Grand Rapids. Pilot to bring providers and early childhood professionals together in Kent County to share insights and services to prevent obesity in young children. Hope to replicate in other parts of the state. Grant funded by the Head Start State Collaboration office.
- II. **Train the Trainer:** Standardized powerpoint slide show is available. The committee can offer Grand Rounds, webinars to train providers to train their peers. Who is interested in doing this? Help us plan a grant with Michigan Association of Health Plans to offer CMEs. MAHP is developing a grid on what each health plan (public and private) covers for obesity prevention and treatment. We will participate in a meeting with MAHP, MSMS, MAFP.
- III. **HKHM:** Annual meeting in November. Medicaid reimbursement finalized. BMI MCIR project moving forward. Altarum submitting a grant for federal funds to implement the MCIR module. Concern raised about Maintenance of Certification requirement for providers to calculate BMI by hand. Please send us your questions and concerns so we can ask for clarification from ABP.
- IV. Roundtable
  - A. Ann Mortensen: Weight clinic at CHM. Looking for funding to pay for certified dietician. Teen weight watchers. Motivational interviewing with adolescents led by Dr. Sylvia King.
  - B. Meg McKeough: HFHS session pilot of Shape Down model to be replicated around city.
  - C. Susan Woolford, UM clinic
- V. Summit II
  - A. NICHQU (sp?) meeting in March
  - B. State Summit tentative date May 15, 2010 8:30- 4:00 pm

**Keynote:** State plan (Dr. Anelli at Nationwide; Children's Hospital Assoc. of Ohio)

**Sessions: Suggested topics**

- A. Motivational Interviewing: How to? Ken can do longer version. 3-4 hours afternoon. Hands on, practical. Scenarios. Track or afternoon session. ½ hr. overview
- B. Breakouts
  - 1. Billing
  - 2. Train the trainer
  - 3. Report on Head Start initiative
  - 4. Referral resources
  - 5. Best practices- showcase or panel. Invite CHM, UM, HFHS, Devos, Marquette.
    - a. Q and A.
    - b. Weight management;
    - c. office practices.
  - 6. Displays/vendors: Showcase
  - 7. Nutrition education: Meg idea; family perspective (dietician, nutritionist)
  - 8. Healthy Kids Healthy MI update- Healthy Schools Ann Arbor
  - 9. Surgery

- 2 sessions of breakouts with 2/3 choices
- More than 1 day? Can we get some staff help??? Friday afternoon and evening session. Offer payment options. Hotel

***Call for presenter form:*** Send to Michele

**Next meeting**

- 1) Summit review of draft agenda
- 2) What to do at the annual meeting?