

## MIAAP Healthy Weight Committee

June 25, 2009

### Attendance:

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### *I. Intro*

- A. Purpose of Committee: Advocacy and Education

### *II. Updates*

#### A. Healthy Kids Healthy Michigan

1. State initiative modeled after Chicago
2. Dr. Longjohn, consultant to MDCH- Spoke at conference in March
3. Purpose: Initiated to drive policy change
4. 3 areas: Healthy children and families, child care and schools and communities
5. Policy strategies of interest to MIAAP
  - a. BMI surveillance
  - b. Medicaid coverage for child obesity

- B. MCIR Update: MCIR was slated for elimination in budget. Senate amendment to restore MCIR is revenue dependent in Healthy MI Fund. Not sure of status of BMI initiative in light of budget

- C. Medicaid reimbursement- letter to all providers sent by Medicaid to allow billing for obesity codes for Medicaid patients. MIAAP should send out on listserv and put on website.

#### D. Legislation

1. SB 365 and 366: Physical education in schools
2. PA 231 signed into law in July 2008: Food retail establishments qualify for tax abatement.

### *III. Report and feedback on 1<sup>st</sup> Healthy Weight MIAAP conference*

- A. 85 docs, cme, excellent session on motivational interviewing with Doctor Stephen Cook from Rochester, NY

B. Followup

1. Want to replicate ounce of prevention
2. Standardize tools across Michigan
3. Regional physician education opportunities
  - a. Henry Ford did for their system
  - b. Kalamazoo did it for mental health
  - c. Webinars
  - d. Manual/Toolkits to recommend: Blue Cross, Texas,
4. Nachri- workgroup on physician education

IV. Grants

- A. Go to sites with training for specialization- level 1,2, 3 modeled after Boston
- B. Webinars for all
- C. Toolkits
- D. Marketing materials

V. Discussion

- A. Listserve
- B. What do we know about effectiveness of other state programs- Colorado?
- C. Split up states and make some survey calls
- D. Next steps with AAP: Contact aap for best practice and research, send out request on ED listserv, Check Regina Schaefer, AAP listserv for community pediatrics
- E. Set up monthly healthy weight update on constant contact/listserv- Intern
- F. Kaiser Permeante hospital- Motivational Interviewing

VI. 4 goals of committee

- 1) Needs assessment survey of miaap members
- 2) Monthly update/message- advocacy issue, tip, action; practice tips(common messaging-Ex. 5210/prevention), billing, programs, best practice, and events (Have monthly deadline)
- 3) Regional training- West, middle, SE, North
- 4) 1 annual conference
- 5) Advocacy- work with Healthy Kids, develop advocacy capacity of this committee (future meeting training on advocacy)

**Content for training**

- 1) Define bmi
- 2) Motivation interviewing: Ex. Mark Lewis, Lansing social worker presented to HFHS
- 3) Managing co morbid conditions
- 4) Lab studies

- 5) Treatment referrals
- 6) Followup
- 7) Staging
- 8) How to bill- Get the Ann Arbor woman's presentation in writing (2 times a day and pay for nutrition)

**Next meeting: Meet monthly (Wed. August 5, 5:30 pm, by phone)**

Agenda:

1. regional training,
2. monthly update,
3. healthy kids
4. Behavioral Health (HFHS and Devos doing groups)
  - a. Templates for assessment

Notes:

1. Forward healthy kids and legislation to committee
2. Want to meet during annual meeting